

## 2021 PBC Track and Field Schedule of Events

*Day 1 - Friday, April 30*

### Multi-event Schedule

9:00 AM 100 meters (men's decathlon)  
9:20 AM 100 meters Hurdles (women's heptathlon)  
9:40 AM Long Jump (men's decathlon)  
10:00 AM High Jump (women's heptathlon)  
10:45 AM Shot Put (men's decathlon)  
12:00 PM Shot Put (women's heptathlon)  
12:00 PM High Jump (men's decathlon)  
1:20 PM 200 meters (women's heptathlon)  
2:00 PM 400 meters (men's decathlon)

### Field event Schedule

10:00 AM Women's Hammer (FINAL)  
Men's Hammer (FINAL)  
10:00 AM Women's Pole Vault (FINAL)  
Men's Pole Vault (FINAL)  
2:00 PM Women's Javelin (FINAL)  
Men's Javelin (FINAL)  
2:00 PM Women's Long Jump (FINAL)  
Men's Long Jump (FINAL)  
7:00 PM Women's High Jump (FINAL)

### Track event Schedule

5:00 PM Women's 100 meter hurdles (trials)  
5:15 PM Men's 110 meter hurdles (trials)  
5:35 PM Women's 400 meters (trials)  
5:45 PM Men's 400 meters (trials)  
5:55 PM Women's 1500 meters (FINAL)  
6:15 PM Men's 1500 meters (FINAL)  
6:35 PM Women's 100 meters (trials)  
6:45 PM Men's 100 meters (trials)  
7:05 PM Women's 400 meters hurdles (trials)  
7:20 PM Men's 400 meter hurdles (trials)  
7:35 PM Women's 10,000 meters (FINAL)  
8:25 PM Women's 200 meters (trials)  
8:35 PM Men's 200 meters (trials)  
8:45 PM Men's 10,000 meters (FINAL)

*Day 2 - Saturday, May 1*

### Mutli-event Schedule

8:30 AM Long jump (women's heptathlon)  
8:50 AM 110 meter Hurdles (men's decathlon)  
9:30 AM Javelin (women's heptathlon)  
9:30 AM Discus (men's decathlon)  
10:30 AM 800 meters (women's heptathlon)  
10:30 AM Pole Vault (men's decathlon)  
12:30 PM Javelin (men's decathlon)  
1:30 PM 1500 meters (men's decathlon)

### Field event Schedule

10:00 AM Women's Shot Put (FINAL)  
Men's Shot Put (FINAL)  
10:00 AM Women's Triple Jump (FINAL)  
Men's Triple Jump (FINAL)  
12:30 PM Women's Discus (FINAL)  
Men's Discus (FINAL)  
1:30 PM Men's High Jump (FINAL)

### Track event Schedule

8:00 AM Women's 5000 meter (FINAL)  
8:30 AM Men's 5000 meter (FINAL)  
12:30 PM Women's 4 x 100 meter relay (FINAL)  
12:35 PM Men's 4 x 100 meter relay (FINAL)  
12:50 PM Women's 100 meter hurdles (FINAL)  
1:00 PM Men's 110 meter hurdles (FINAL)  
1:10 PM Women's 400 meters (FINAL)  
1:15 PM Men's 400 meters (FINAL)  
1:25 PM Women's 100 meters (FINAL)  
1:30 PM Men's 100 meters (FINAL)  
1:45 PM Women's 800 meters (FINAL)  
1:55 PM Men's 800 meters (FINAL)  
2:10 PM Women's 400 meter hurdles (FINAL)  
2:20 PM Men's 400 meter hurdles (FINAL)  
2:30 PM Women's 200 meters (FINAL)  
2:35 PM Men's 200 meters (FINAL)  
2:45 PM Women's 3000 meter steeplechase (FINAL)  
3:05 PM Men's 3000 meter steeplechase (FINAL)  
3:25 PM Women's 4 x 400 meter relay (FINAL)  
3:35 PM Men's 4 x 400 meter relay (FINAL)

**4:00 PM Closing Ceremony and Awards Presentation**