



**2021 Embry-Riddle
Spikes Classic
April 2 - 3, 2021**

Meet Schedule

APRIL 2

Multi-Events

4:00 PM Decathlon (100, Long jump, shot put, High jump, 400)
4:15 PM Heptathlon (100 hurdles, High jump, shot put, 200)

Track Events

5:30 PM Women's 1500 Section A (Friday distance)
5:45 PM Men's 1500 Section A (Friday distance)
6:00 PM Women's 5000 Section A (Friday distance)
6:25 PM Men's 5000 Section A (Friday distance)
7:05 PM Women's 800 Section A (Friday distance)
7:15 PM Men's 800 Section A (Friday distance)
7:25 PM Women's 3000m steeple Section A (Friday distance)
7:40 PM Men's 3000m steeple Section A (Friday distance)
7:55 PM Women's 10,000 meters
8:40 PM Men's 10,000 meters

APRIL 3

Multi-Events

8:30 AM Decathlon (110h, discus, PV, Jav, 1500)
8:30 AM Heptathlon (long jump, javelin, 800)

Track Events

11:15 AM Men's 3000m steeplechase (Section B – Saturday teams)
11:35 AM Women's 4 x 100
11:40 AM Men's 4 x 100
11:45 AM Women's 1500m (Section B – Saturday teams)
11:55 AM Men's 1500m (Section B – Saturday teams)
12:10 PM Women's 100m Hurdle
12:20 PM Men's 110 Hurdle
12:30 PM Women's 400
12:45 PM Men's 400
1:00 PM Women's 100m
1:15 PM Men's 100m
1:30 PM Women's 800 meter (Section B – Saturday teams)
1:40 PM Men's 800 meter (Section B – Saturday teams)
2:00 PM Women's 400 Hurdles
2:10 PM Men's 400 Hurdles
2:25 PM Women's 200m
2:40 PM Men's 200m
2:55 PM Women's 5000m (Section B – Saturday teams)
3:20 PM Men's 5000m (Section B – Saturday teams)
3:40 PM Women's 4 x 400
3:50 PM Men's 4 x 400

Field Events

10:00 AM Hammer (W then M)
10:00 AM W. Long Jump
11:30 AM M. Long Jump
11:30 AM Shot Put (W then M)
12:45 PM W. Triple Jump
1:30 PM High Jump (W then M)
1:00 PM Discus (W then M)
2:00 PM M. Triple Jump
2:00 PM Pole Vault (pit opens at 1:00 PM) (W then M)
4:00 PM Javelin (W then M)